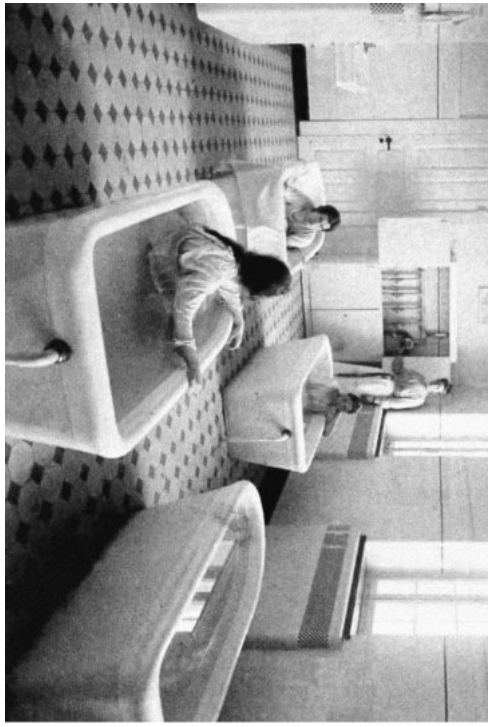


SLEEPING IN THE BATH TUB

FACTS

- ✕ The so-called 'Dauerbad-therapie' (continuous bath therapy) was used in psychiatric institutions from the late 19th century until the mid-20th century.
- ✕ Patients had to bathe for days, weeks, and months. Often without a break.
- ✕ Psychiatrists described the therapy as a calming and more humane method of treatment for patients who were considered excessively restless.



MEMORIES OF A DAUERBAD WITNESS

»For hours I lay in the lukewarm water, motionless, strapped down beneath a wooden lid. I was freezing, even though the water was warm, and I didn't know if I'd be allowed out again today.«

Dorothea Buck



More info about
Angela's artistic
research on
'Dauerbäder':

photo last page
'Dauerbäder' at the Lan-
genhorn Sanatorium
near Hamburg, Staats-
archiv Hamburg
drawing on the back
Drawing of the continuous
bath from the sketchbook
'Drawings by the Epileptic
Karl Zimmermann',
1905/1906.
Karl Zimmermann
(Inv.Nr. 1360) © Sammlung
Prinzhorn, Universitäts-
Klinikum Heidelberg

»I continued to refine the method and eventually extended the baths to the nighttime hours as well, [...] some patients spent many months in the warm water without a single interruption.«

»Since no force is used against them, and the warm water provides a comfortable environment that does not restrict their freedom [...] patients are less likely to come into conflict with those around them and are far less irritable and violent.«

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fact check
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